SEC Form 4	
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COM	MISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

					01	Jecu	011 30(11) 1	or the	investmen		mpany Ac		540										
1. Name and Address of Reporting Person <sup>*</sup> ROSE WILLIAM					IN	2. Issuer Name and Ticker or Trading Symbol IMPAC MORTGAGE HOLDINGS INC [										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
						ІМН ]											(give title		Other (	specify			
(Last) (First) (Middle)					3.	Date o	of Earliest	Tran	saction (Mo	onth	/Dav/Year)	-		below)			below)						
1401 DOVE STREET						/12/2			(		,,												
					4.	If Ame	endment.	Date	of Original	File	d (Month/D		6. Ind	ividual or J	loint/Group	o Filino	a (Check Ar	plicable					
(Street) NEWPORT						4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)							
BEACH 92660																X Form filed by One Reporting Person Form filed by More than One Reporting							
													Person										
(City) (State) (Zip)																							
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																							
1. Title of	Security (Ins	tr. 3)		2. Trans Date		- 1	2A. Deem Execution			n Dispose		Acquire (D) (Inst			5. Amour Securitie	s	Form	vnership 1: Direct	7. Nature of Indirect				
				(Month	(Month/Day/Year)		if any (Month/Day/Yea		Code (Instr. ar) 8)							Owned F	Beneficially Owned Following		r Indirect Istr. 4)	Beneficial Ownership			
								Code	v	Amount	(A) or		Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)				
	C: 1								_				(D)	┢		<u> </u>		-	P				
Common Stock															20,	666		D					
		-	Table II -						uired, D s, option							Owned							
1. Title of	2.	3. Transaction	3A. Deeme		4.		5. Num	ber	6. Date Ex				Title and			B. Price of	9. Number of		10.	11. Nature			
Derivative Security	Conversion or Exercise	Date (Month/Day/Year)	Execution I if any	i	Transa Code (		. Derivative		Expiration Date (Month/Day/Ye			Un	of Securities Underlying		Derivative Security		Securities		Ownership Form:	Beneficial			
(Instr. 3)	Price of Derivative		(Month/Day	(Year)	B)		Securit Acquire						rivative s str. 3 and			(Instr. 5)	Beneficially Owned Following		Direct (D) or Indirect (I) (Instr. 4)				
	Security		(A) or Disposed of (D) (Instr.									Reported	ī ļ"	(1) (1150.4)									
				L			3, 4 and										(Instr. 4)	011(5)					
													Amo		Int								
									Date		Expiration			Numb of	er								
					Code	v	(A)	(D)	Exercisab	le	Date	Titl	e	Share	s								
Non- Qualified Stock Options	\$3.85								01/30/200	12	01/30/2011		mmon tock	22,50	00		22,50	0	D				
(right to buy)																							
Non- Qualified										Ţ			T		T								
Stock Options	\$10.95								07/30/200	3	07/30/2006	Con	mmon tock	25,0	00		25,00	0	D				
(right to buy)													loca										
Non-				-+		-		<u> </u>		-		$\vdash$											
Qualified Stock													mmon										
Option	\$13.76	08/12/2005			A		40,000		08/12/200	6	08/12/2009		tock	40,0	00	\$13.76	40,00	0	D				
(right to buy)																							
Non-																							
Qualified Stock	\$14.27								07/29/200	4	07/29/2007		mmon	40,0	00		40,00	0	D				
Option (right to													tock	,,,,									
buy)						<u> </u>		<u> </u>		-		-			_								
Non- Qualified																							
Stock Option	\$23.1								08/02/200	5	08/02/2008		mmon tock	40,0	00		40,00	0	D				
(right to buy)																							

Explanation of Responses:

## William Rose

08/12/2005

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $\ast$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.