FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* JOHNSON RICHARD JAMES					<u>IN</u>	2. Issuer Name and Ticker or Trading Symbol IMPAC MORTGAGE HOLDINGS INC [IMH] 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) below)												
(Last) (First) (Middle) 1401 DOVE STREET (Street) NEWPORT BEACH (City) (State) (Zip) Table I - Nor						3. Date of Earliest Transaction (Month/Day/Year) 07/26/2006								Delow)	ief Opera	ations	,	
NEWPORT CA 92660					4.	Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person Filed by More than One Report Person Filed Per									rting Perso	n		
(City)	(S	tate)	(Zip)															
		Та	ble I - No	on-Der	ivativ	e S	ecur	ities Ac	quire	d, Di	sposed o	of, or Be	neficial	ly Owned				
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year		ır) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)			Of (D) (Instr. 3, 4 and 5)) Securitie Beneficia Owned F Reported Transact	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common	Stock					1						(b)		- `			I	401K
Common	Stock					\top								1	50		I	IRA
Common	Stock													1	05		I	by Son
Common	Stock			07/26	5/2006				M		10,000	A	\$10.9	5 120	,309		I	By Trust
Common	Stock			07/26	5/2006				S		10,000	D	\$11.12	84 110	,309		I	By Trust
Series B	Preferred St	tock												10,	000		I	By Trust
Series C	Preferred St	tock		IMPAC MORTGAGE HOLDINGS INC IMH		By Trust												
			Table II											Owned				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security		rsion Date Exectorise (Month/Day/Year) if any (Month/Day/Year) (Month/Day/Year)		3A. Deemed 4 Execution Date, T if any C		ction	on of tr. Derivative Securities Acquired (A) or Disposed of (D) (Instr.		Expiration Date		te of Securities ear) Underlying Derivative S		d Amount ies g Security	Derivative Security	ative derivativity Securities 5) Beneficial Owned Followin Reported Transact		Ownership Form: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)		able		Title	or Number					
Incentive Stock Option (right to buy)	\$4.18								03/27/2	001	03/27/2011		23,000		23,00	0	D	
Incentive Stock Option (right to buy)	\$10.95								07/30/2	003	07/30/2006		9,132		9,132	2	D	
Incentive Stock Option (right to buy)	\$14.27								07/29/2	006	07/29/2007		7,000		7,000)	D	
Incentive Stock Option (right to buy)	\$23.1								08/02/2	005	08/02/2008		4,329		4,329	9	D	
Non- Qualified Stock Option (right to buy)	\$4.18								03/27/2	001	03/27/2011		117,000		117,00	00	D	
Non- Qualified Stock Option	\$10.95	07/26/2006			M			10,000	07/30/2	003	07/30/2006		10,000	\$11.1284	8,403	3	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Qualified Stock Option	\$14.27							07/29/2004	07/29/2007	Common Stock	143,000		143,000	D	
Non- Qualified Stock Option	\$23.1							08/02/2005	08/02/2008	Common Stock	45,671		45,671	D	

Explanation of Responses:

Richard James Johnson

07/28/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.