

Impac Mortgage Holdings, Inc. Invites You to Join Its Live Webcast at The Third Annual JMP Securities Conference and at the Sandler O'Neill & Partners, L.P. West Coast Financial Services Conference

March 3, 2004

NEWPORT BEACH, Calif., March 3 /PRNewswire-FirstCall/ -- Impac Mortgage Holdings, Inc. (NYSE: IMH) (the "Company"), announced today that it will be presenting at the JMP Securities Conference on Tuesday, March 9, 2004 and at the Sandler O'Neill Partners L.P. West Coast Financial Services Conference on Wednesday, March 10, 2004. You are invited to listen to these presentations that will be webcasted live.

Third Annua Date: Presenter: Webcast	l JMP Securities Conference Tuesday, March 9, 2004, live webcast at 9:30 a.m. (PST) Mr. Joseph Tomkinson, Chairman and CEO www.impaccompanies.com link to Investor Relations/Presentations. The conference will archived for 30 days beginning on March 10, 2004.
Sandler O'N Date:	Weill Partners West Coast Financial Services Conference Wednesday, March 10, 2004, live webcast at 4:45 p.m. (PST) - Session II
Presenter: Webcast:	Mr. William S. Ashmore, President and COO www.impaccompanies.com link to Investor Relations/ Presentations. The conference will be archived for 30 days beginning on March 11, 2004.
Audio:	The conference will also be available via audio conference at 706-645-9215. Reference "Sandler O Neill conference" and request session II.

Impac Mortgage Holdings, Inc. is a mortgage real estate investment trust ("REIT"), which operates three core businesses: (1) the Long-Term Investment Operations, (2) the Mortgage Operations, and (3) the Warehouse Lending Operations. The Long-Term Investment Operations invests primarily in non-conforming Alt-A mortgage loans. The Mortgage Operations acquires, originates, sells and securitizes primarily non-conforming Alt-A mortgage loans, and the Warehouse Lending Operations provides short-term financing to mortgage loan originators. The Company is organized as a REIT for tax purposes, which allows it generally to pass through earnings to stockholders without federal income tax at the corporate level.

For questions please contact: Tania Jernigan, VP Investor Relations directly at (949) 475-3722 or email tjernigan@impaccompanies.com

www.impaccompanies.com