SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

							· · ·				,									
1. Name and Address of Reporting Person [*] FILIPPS FRANK P						2. Issuer Name and Ticker or Trading Symbol IMPAC MORTGAGE HOLDINGS INC [5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
					IM	[H]								Х	Directo					
(Last)	(F	irst)	(Middle)												below)	(give title		Other (s below)	респу	
1401 DOVE STREET					3. Date of Earliest Transaction (Month/Day/Year) 07/29/2003															
(Street) NEWPORT				4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)							
BEACH 92660													X Form filed by One Reporting Person							
					-									Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date			2. Trans Date (Month/		action 2A. Deemed Execution Date, if any (Month/Day/Year			Code (Instr. 5)			ed (A) or tr. 3, 4 a	4 and Securities Beneficially Owned Follow			Form (D) o	: Direct of r Indirect I str. 4) (7. Nature of Indirect Beneficial Ownership			
								Code V	,	Amount	(A) or (D)	Price	9	Reported Transacti (Instr. 3 a	ted action(s)			(Instr. 4)		
		-							uired, Dis 5, options,						wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution I if any (Month/Day	Date,	4. Transa Code (8)		of E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amc of Securities Underlying Derivative Secu (Instr. 3 and 4)		D	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisable		piration te	Title	Amour or Numbe of Shares	r						
Non- Qualified Stock Option	\$4.18								03/27/2002	03/	/27/2011	Common Stock	22,50	0		22,500)	D		
Non- Qualified Stock Option	\$ 4.4375								11/24/1999	11/	/24/2008	Common Stock	10,00	0		10,000)	D		
Non- Qualified Stock Option	\$7.68								07/24/2002	07/	/24/2005	Common Stock	25,00	0		25,000	D	D		
Non- Qualified Stock Option	\$9.42								03/28/2003	03/	/28/2012	Common Stock	11,25	0		11,250)	D		
Non- Qualified Stock Option	\$10.95								07/30/2003	07/	/30/2006	Common Stock	25,00	0		25,000)	D		
Non- Qualified Stock	\$14.27	07/29/2003			A		40,000		07/29/2004	07/	/29/2007	Common Stock	40,00	0	\$0.00	40,000)	D		

Explanation of Responses:

<u>Frank P. Filipps</u>

** Signature of Reporting Person

07/31/2003 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.