FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* ABRAMS LEIGH J (Last) (First) (Middle) 19500 JAMBOREE ROAD					= <u>IN</u> IN 3.	2. Issuer Name and Ticker or Trading Symbol <u>IMPAC MORTGAGE HOLDINGS INC</u> [IMH] 3. Date of Earliest Transaction (Month/Day/Year) 07/21/2015								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify below) below)				
(Street) IRVINE (City)	C. (S		92612 (Zip)		4.	If Ame	endment,	Date	of Original	Fileo	I (Month/Da	y/Year)	Lin	 Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person 				
1. Title of Security (Instr. 3) Date					sactio				Code (Instr. 5)				d (A) or) or 5. Amount of			vnership : Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership
								Code	v	Amount	(A) or (D)	Price	Transact	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock												30,2	30,210(1)		D			
			Table II -								osed of, convertit			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	l Date,	4. Transa Code (8)	action	5. Number 6. of Ex		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title an of Securit Underlyin Derivative (Instr. 3 ar	d Amount es Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v			Date Exercisab	Expiratior sable Date		Title	Amount or Number of Shares					
Non- Qualified Stock Option (right to buy)	\$2.73								12/03/201	l ⁽²⁾	12/03/2020	Common Stock	6,000		6,00	0	D	
Non- Qualified Stock Option (right to buy)	\$13.81								11/27/2013	3 (2)	11/27/2022	Common Stock	12,000		12,00	00	D	
Non- Qualified Stock Option (right to buy)	\$5.39								07/22/201:	5 ⁽²⁾	07/22/2024	Common Stock	7,500		7,50	0	D	
Non- Qualified Stock Option (right to buy)	\$20.5								07/21/2010	5 ⁽³⁾	07/21/2025	Common Stock	10,000		10,00	00	D	
Non- Qualified Stock Option (right to buy)	\$17.4	07/19/2016			Α		10,000		07/19/201	7 ⁽⁴⁾	07/19/2026	Common Stock	10,000	\$0	10,00	00	D	

Explanation of Responses:

1. Includes 13,500 shares of common stock underlying Deferred Stock Units (DSUs), of which 11,000 are vested. The DSUs were granted under the Non-Employee Director Deferred Stock Unit Award Program so that each DSU represents a contingent right to receive one share of common stock. The shares are distributed only upon termination of the Reporting Person's services as a director of the Issuer.

2. These options are fully vested.

3. These awards vest annually in 1/3 increments beginning on July 21, 2016.

4. These awards vest annually in 1/3 increments beginning on July 19, 2017.

Leigh J Abrams

0<u>7/21/2016</u> ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.