FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

							1011 30(11)	or tile	HIVESTITIETIL	C01	ipariy Act (JI 1540								
1. Name and Address of Reporting Person* ABRAMS LEIGH J						2. Issuer Name and Ticker or Trading Symbol IMPAC MORTGAGE HOLDINGS INC IMH									5. Relationship of Reportin (Check all applicable) X Director			ng Person(s) to Issuer		
(Last) (First) (Middle) 19500 JAMBOREE ROAD					3.			Tran	saction (Mor	nth/E	ay/Year)		Officer below)	(give title		Other (s below)	specify			
,						4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable													olicable	
(Street) IRVINE CA 92612						, , , , , , , , , , , , , , , , , , , ,									Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City) (State) (Zip)														Person		e than	One Repor	rting		
		Tal	ble I - Nor	n-Deri	vativ	e Se	curitie	s Ad	cquired, [Dis	osed o	f, or Be	nefic	cially	Owned					
Date				th/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Yea		Code (Instr.					or I and	5. Amour Securitie Beneficia Owned F	s ally ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)		rice	Transact	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common Stock															17,099(3)			D		
			Table II -												Owned					
1. Title of	2.	3. Transaction	3A. Deemed		puts, 4.	, cai			6. Date Exe	_					8. Price of	9. Numbe	r of	10.	11. Nature	
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution D if any (Month/Day/	ate,	Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expiration I (Month/Day	Date		7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)			Derivative Security (Instr. 5)	derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s lly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	or	ount nber res						
Non- Qualified Stock Option (right to buy)	\$5.08								04/22/2002		04/22/2011	Common Stock	22,	500		22,50	0	D		
Non- Qualified Stock Option (right to buy)	\$13.76								08/12/2006		08/12/2009	Common Stock	40,	000		40,000		D		
Non- Qualified Stock Option (right to buy)	\$9.94								08/18/2007	,	08/18/2010	Common Stock	20,	000		20,000		D		
Non- Qualified Stock Option (right to buy)	\$2.56	09/27/2007	09/27/20	07	A		40,000		09/27/2008 ⁽	1)	09/27/2011	Common Stock	40,	000	\$2.56	40,000		D		
Non- Qualified Stock Option (right to	\$0.8	08/20/2008	08/20/20	08	A		40,000		08/20/2009 ⁽	2)	08/20/2013	Common Stock	40,	000	\$0.8	40,00	0	D		

Explanation of Responses:

- 1. Stock options were granted pursuant to the Company's 2001 Stock Plan and vests equally 1/3 per year beginning on September 27, 2008.
- 2. Stock options were granted pursuant to the Company's 2001 Stock Plan and vests equally 1/3 per year beginning on August 20, 2009.
- 3. Included in common stock are 3,099 shares of restricted stock that vest equally 1/3 per year beginning on August 18, 2007.

Leigh J. Abrams

08/22/2008

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.