FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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1. Name and Address of Reporting Person* MANGIARACINA GEORGE A.					<u>IN</u>	2. Issuer Name and Ticker or Trading Symbol IMPAC MORTGAGE HOLDINGS INC IMH									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
																(give title		Other (specify	
(Last) (First) (Middle) 19500 JAMBOREE ROAD							of Earli <mark>2022</mark>	est Trar	nsaction ((Mont	h/Day/Year)			X below) below) CHAIRMAN, CHIEF EXEC. & DIR.						
19500 JA	AMDUKEE	KUAD			02	./24/.	2022									, -				
(Street)					_ 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
IRVINE CA 92612															X Form filed by One Reporting Person					
													Form filed by More than One Reporting							
(City)	(S	tate)	(Zip)										Person							
		Ta	ble I - N	lon-Der	ivativ	re S	ecurit	ties A	cquire	d, D	isposed (of, or Be	eneficia	ally (Owned					
1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 3. 4. Securities Acquired (A) or 5. Amount of 6. Ownership 7. Nature of																				
				Date (Month/D	ay/Yea	r) if	Execution Date, if any (Month/Day/Year)		Code (Instr. 8)		Disposed 0	Disposed Of (D) (Instr. 3, 4 an		Benefic		ally	(D) o	r Indirect	Indirect Beneficial	
						(1					100		Т		Owned Following Reported		(I) (Instr. 4)		Ownership (Instr. 4)	
									Code	V	Amount	(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)					
Common	Stock			02/24	/2022				S		20,460(1	D	\$0.73	32 ⁽²⁾	248	3,804		D		
			Table II	l - Deriv	ative	Sec	curitie	es Acc	auired.	. Dis	posed of	. or Ben	eficial	lv O	vned					
											convert									
Derivative Conversion Date Execurity or Exercise (Month/Day/Year) if		if any	ution Date, Tr		ransaction Code (Instr.		on of E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amor of Securities Underlying Derivative Secur (Instr. 3 and 4)		Derivative Security		9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
												Amou or								
					Code	l,	(A)		Date Exercisal	ble	Expiration Date	Title	Number of Share							
Non- Qualified Stock Option (right to buy)	\$10								02/25/20		02/25/2025	Common Stock	35,00	0		35,000	0	D		
Non- Qualified Stock Option (right to buy)	\$20.5								07/21/20	016	07/21/2025	Common Stock	25,00	0		25,000	0	D		
Non- Qualified Stock Option (right to buy)	\$17.4								07/19/20	017	07/19/2026	Common Stock	25,00	0		25,000	0	D		
Non- Qualified Stock Option (right to buy)	\$13.72								08/30/20	018	08/30/2027	Common Stock	24,00	0		24,000	0	D		
Non- Qualified Stock Option (right to buy)	\$3.75								02/26/202	20 ⁽³⁾	02/26/2029	Common Stock	200,00	00		200,00	00	D		

Explanation of Responses:

- 1. Aggregate number of shares sold on the same day at different prices. Sale is part of previously filed 10B5-1 plan for prearranged sales of the Company's common stock as part of long-term tax and asset diversification strategy, primarily to cover taxes related to the vesting of restricted stock units.
- 2. Represents the weighted average sales price. Shares were sold at prices ranging from \$0.73 to \$0.75 per share. Full information regarding the number of Shares sold at each price shall be provided to the Securities and Exchange Commission staff, Issuer or any security holder, upon request.
- 3. The options vest annually in 1/3 increments and will be fully vested on February 26, 2022.

/s/ George Mangiaracina

02/28/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.