

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| OMB APPROVAL                                 |           |
|----------------------------------------------|-----------|
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|                                                                                                                                                                                           |                                                                                         |                                                                                                                                                                                                                                 |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Name and Address of Reporting Person*<br><u>VERDUGO GRETCHEN</u><br><br>(Last) (First) (Middle)<br>1401 DOVE STREET<br><br>(Street)<br>NEWPORT BEACH 92660<br><br>(City) (State) (Zip) | 2. Issuer Name and Ticker or Trading Symbol<br><u>IMPAC MORTGAGE HOLDINGS INC [IMH]</u> | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)<br><br>Director 10% Owner<br><input checked="" type="checkbox"/> Officer (give title below) Other (specify below)<br><u>Executive Vice President</u> |
|                                                                                                                                                                                           | 3. Date of Earliest Transaction (Month/Day/Year)<br>10/03/2003                          |                                                                                                                                                                                                                                 |
| 4. If Amendment, Date of Original Filed (Month/Day/Year)                                                                                                                                  |                                                                                         |                                                                                                                                                                                                                                 |

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) |   | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) |            |         | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|----------------------------------------------------|--------------------------------|---|-------------------------------------------------------------------|------------|---------|-----------------------------------------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------|
|                                 |                                      |                                                    | Code                           | V | Amount                                                            | (A) or (D) | Price   |                                                                                               |                                                          |                                                       |
| Common Stock                    | 10/03/2003                           |                                                    | M                              |   | 6,667                                                             | A          | \$7.68  | 6,667                                                                                         | D                                                        |                                                       |
| Common Stock                    | 10/03/2003                           |                                                    | M                              |   | 2,698                                                             | A          | \$10.95 | 9,365                                                                                         | D                                                        |                                                       |
| Common Stock                    | 10/03/2003                           |                                                    | M                              |   | 3,968                                                             | A          | \$10.95 | 13,333                                                                                        | D                                                        |                                                       |
| Common Stock                    | 10/03/2003                           |                                                    | S                              |   | 13,333                                                            | D          | \$15.52 | 0                                                                                             | D                                                        |                                                       |
| Common Stock                    | 10/03/2003                           |                                                    | P                              |   | 352 <sup>(1)</sup>                                                | A          | \$0     | 2,414                                                                                         | I                                                        | 401K                                                  |

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) |   | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |     | 6. Date Exercisable and Expiration Date (Month/Day/Year) |                 | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
|--------------------------------------------|--------------------------------------------------------|--------------------------------------|----------------------------------------------------|--------------------------------|---|----------------------------------------------------------------------------------------|-----|----------------------------------------------------------|-----------------|-----------------------------------------------------------------------------------|--------------------------------------------|----------------------------------------------------------------------------------------------------|-----------------------------------------------------------|--------------------------------------------------------|
|                                            |                                                        |                                      |                                                    | Code                           | V | (A)                                                                                    | (D) | Date Exercisable                                         | Expiration Date |                                                                                   |                                            |                                                                                                    |                                                           |                                                        |
| Incentive Stock Option (right to buy)      | \$3.85                                                 |                                      |                                                    |                                |   |                                                                                        |     | 01/30/2002                                               | 01/30/2004      | Common Stock 5,000                                                                |                                            | 5,000                                                                                              | D                                                         |                                                        |
| Incentive Stock Option (right to buy)      | \$7.68                                                 | 10/03/2003                           |                                                    | M                              |   | 6,667                                                                                  |     | 07/24/2002                                               | 07/24/2005      | Common Stock 6,667                                                                | \$15.52                                    | 6,667                                                                                              | D                                                         |                                                        |
| Incentive Stock Option (right to buy)      | \$10.95                                                | 10/03/2003                           |                                                    | M                              |   | 2,698                                                                                  |     | 07/30/2003                                               | 07/30/2006      | Common Stock 2,698                                                                | \$15.52                                    | 9,365                                                                                              | D                                                         |                                                        |
| Incentive Stock Option (right to buy)      | \$14.27                                                |                                      |                                                    |                                |   |                                                                                        |     | 07/29/2006                                               | 07/29/2007      | Common Stock 6,000                                                                |                                            | 6,000                                                                                              | D                                                         |                                                        |
| Non-Qualified Stock Option (right to buy)  | \$10.95                                                | 10/03/2003                           |                                                    | M                              |   | 3,968                                                                                  |     | 07/30/2003                                               | 07/30/2006      | Common Stock 3,968                                                                | \$15.52                                    | 3,969                                                                                              | D                                                         |                                                        |
| Non-Qualified Stock Option (right to buy)  | \$14.27                                                |                                      |                                                    |                                |   |                                                                                        |     | 07/29/2004                                               | 07/29/2007      | Common Stock 44,000                                                               |                                            | 44,000                                                                                             | D                                                         |                                                        |

Explanation of Responses:

1. These shares were acquired through contributions or reinvestment of dividends in the 401K Plan.

Gretchen Verdugo

10/06/2003

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.**